



PEDAL & SEA
adventures

THE SAND DUNES OF PRINCE EDWARD ISLAND TOUR PACKAGE

As you plan your cycling tour of Prince Edward Island, here is
some important information to about your vacation with
Pedal & Sea Adventures



PRINCE EDWARD ISLAND PRE & POST TOUR IMPORTANT INFORMATION



AIRPORTS

Halifax Stanfield International Airport (YHZ)

The closest airport with the most available flights in and out of Atlantic Canada. Most guests fly into this airport.

Charlottetown Airport (YYG)

Guests may choose to fly into Charlottetown and take our shuttle to the start of the tour.



TRANSPORTATION IN HALIFAX

Taxi

Halifax has a flat rate on taxis traveling from Halifax Stanfield International Airport to the peninsula/downtown area \$68.00. Prices are subject to change. [Halifax Stanfield International Airport – Taxi's & Limos \(click here\)](#).

Uber

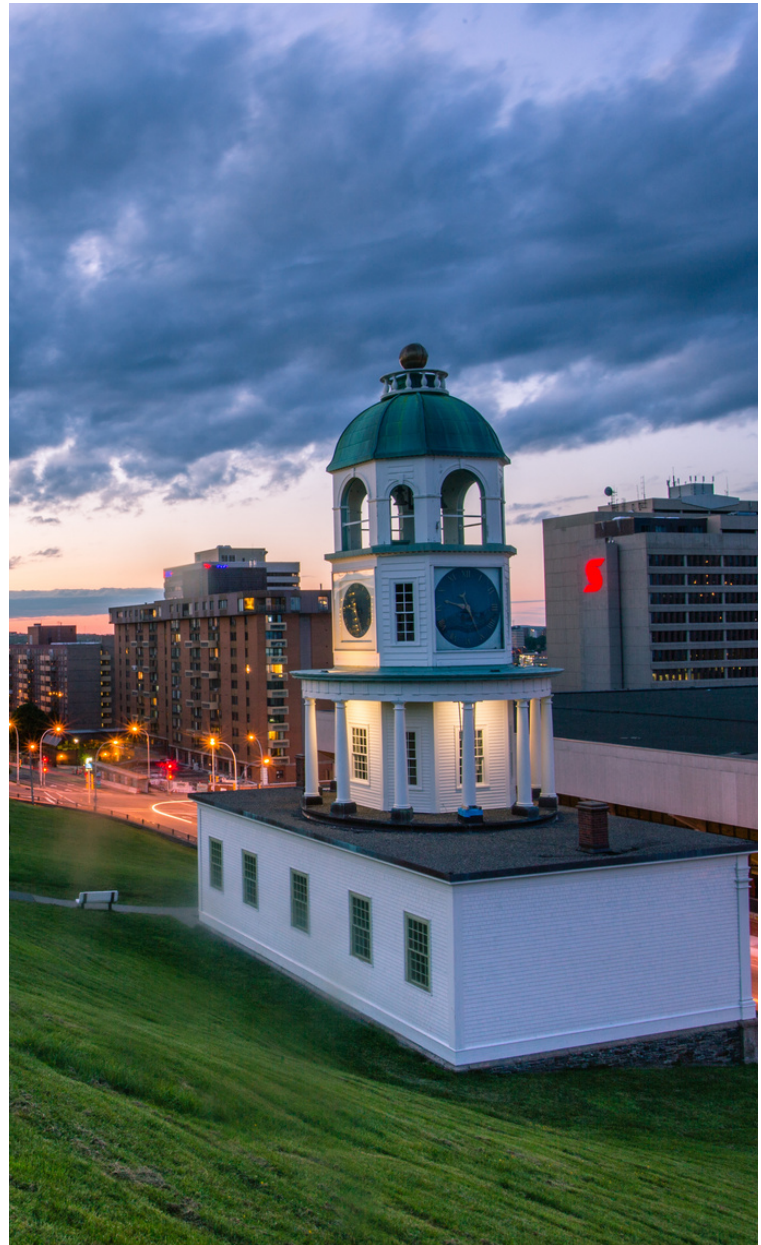
Uber is available in Halifax. Late night and early morning airport arrivals/departures may find limited Uber availability, resulting in higher prices.

Public Transit

Public transit – the Halifax airport has a bus service that will take you to the downtown Halifax area at around \$4-\$6 per person. [Halifax Transit \(click here\)](#).

Private Shuttles

- [Adam's Taxi And Limo \(click here\)](#).
- [Premier Car Service \(click here\)](#).
- [Aurora Taxi Service \(click here\)](#).



TRANSPORTATION ON P.E.I.

Taxi

Charlottetown taxis are anywhere between \$20.00 – \$30.00 from the airport into the city.

Private Shuttles

- [Bills Van Service \(click here\)](#).
- Eclipse Transportation Service (902) 629-2992 / (902) 393-2245

ACCOMMODATIONS

DOWNTOWN HALIFAX HOTELS

- [The Westin Hotel - **Tour pick-up location** \(click here\)](#)
- **Use promo code E3851 for a discount at The Westin**
- [The Lord Nelson Hotel \(click here\)](#)
- [Muir \(click here\)](#)
- [Sutton Place Hotel \(click here\)](#)
- [Prince George Hotel \(click here\)](#)
- [Homewood Suites \(click here\)](#)



DOWNTOWN CHARLOTTETOWN HOTELS

- [The Great George Hotel \(click here\)](#)
- [Delta Hotel Charlottetown \(click here\)](#)
- [Charlottetown Rose Inn \(click here\)](#)





IMPORTANT INFORMATION

Tour Pick-up

- Downtown Halifax (Westin Nova Scotian Hotel): approximately 9:00 am
- Halifax Stanfield International Airport (YHZ): approximately 9:30 am
- Great George Hotel (Charlottetown): approximately 1:00 pm

Tour Drop-off

- Halifax Stanfield International Airport (YHZ): approximately 5:30 pm
- Downtown Halifax (Westin Nova Scotian Hotel): approximately 6:00 pm
- Great George Hotel/Charlottetown Airport: approximately 3:30 pm

Travel Time

- Downtown Halifax area to start of tour, PEI: approximately 3.5 hours via our shuttle.
- Charlottetown to start of tour : approximately 1 hour via our shuttle

Weather

The weather on PEI is generally sunny and dry in the summer. Average high temperatures range from 20–24 °C (68–76 °F), but be prepared for the possibility of warmer temperatures. Nights can be cooler and average from 11–15 °C (52–59 °F). Afternoon showers are not uncommon and bringing appropriate rain gear is important. You may also encounter coastal fog and misty conditions.

Suggested Apps To Install:



We use WhatsApp —
Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)



We use Ride With GPS —
Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)

Laundry

Guests looking for laundry services have some options on Prince Edward Island.

Prince Edward Island Laundromats:

- [Kindred Spirits Inn & Cottages | Cavendish Beach, PEI \(click here\)](#)

MEDICAL & ALLERGIES

Guests with any medical issues, medications or allergies that we ought to be aware of, must inform our guides when they check-in. **GUESTS WHO CARRY AN EPIPEN:** Please tell the guides at check-in where you keep it so they can assist if necessary.

- If you have any cardiac, pulmonary, breathing issues or recent surgeries, we urge you to inform our guides at check-in so we can assist in the best manner possible.
- In the event of an incident, Guides will make the best decisions in consultation with each guest and their respective partners/designates. Guests agree to understand this to be the case.
- **ALLERGIES:** We must be informed of any allergies you have, whether food or substance so we can make every effort to provide a safe environment.
- **DIETARY:** Please confirm any dietary requirements with your guides.



Nearby hospitals and health care centres

Halifax, NS: QEII Halifax Infirmary - 1799 Robie Street, Halifax

Charlottetown, PEI: Queen Elizabeth Hospital - 60 Riverside Drive

Summerside, PEI: Prince County Hospital - 65 Roy Boates Avenue

ADDITIONAL INFORMATION

What we provide:

- small bike bag (it is recommended that you bring a lightweight backpack just in case)
- bike light
- snacks (if you have dietary restrictions or allergies you may wish to bring your own snacks)
- cold drinks
- bicycle rental
- helmet – you can bring your own, or we can provide one. Helmets are mandatory.
- reusable water bottle
- gps navigation
- universal phone mount for bike



Roads & Traffic

Prince Edward Island roads use kilometers (km) for distance and speed limits.



Banking and shopping

- Banks are open Monday–Friday and closed on Saturday & Sundays
- Shopping is generally open Monday to Saturday and shortened hours on Sunday
- Alcohol is typically purchased at PEI Liquor authorized outlets. You can purchase craft beer, wine and cider at local breweries, wineries and cideries.



Tipping Your Guides

While tipping is always at the discretion of our guests, we are often asked what guidance we can provide regarding tipping. Here is what we suggest: \$35–40 per day – per guest – per guide – as a general amount. Should you believe more or less is warranted, feel free to adjust accordingly.

CHECKLIST

Items We Suggest You Bring

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|--|---|
| ☐ Official travel documents | ☐ Bring a few lightweight, easily washable items for city wear (dinner and sightseeing) |
| ☐ Airline tickets | |
| ☐ Passport or government ID | ☐ Fleece / Lycra sweater / long sleeves |
| ☐ Mobile phone and charger | ☐ Sun hat or visor |
| ☐ Luggage: 1-2 carry-on sized suitcases per person (if possible) | ☐ Swimsuit |
| ☐ One personal bag: if your tour has a hiking portion, a knapsack to carry items | ☐ Sunglasses |
| ☐ Cycling jerseys (2 or 3 - short sleeve and long sleeve) | ☐ Sunscreen/bug spray |
| ☐ Cycling shorts (1-3 pairs) | ☐ Any medical or nutritional items you deem necessary |
| ☐ Arm warmers | ☐ Gel seat cover, or your own saddle (do not bring the post) |
| ☐ Cycling rain gear (jacket, waterproof/breathable pants) | ☐ Rear view mirror, if desired. |
| ☐ Cycling shoes | ☐ Extra water bottle, if desired. |
| ☐ Cycling gloves | ☐ Chamois cream |
| ☐ Helmet: if you wish to bring your own, otherwise one will be provided at no additional cost | ☐ Pedals: If you want to clip in, bring your own pedals and cycling shoes. Our guides will put your pedals on your bike. This does not apply to e-bikes. |
| ☐ Comfortable walking shoes | |
| ☐ Sweater, light jacket or windbreaker for after dinner | |

POINTS OF INTEREST

WHAT TO SEE AND DO IN HALIFAX

CITADEL HILL

In the heart of downtown Halifax, this strategic hilltop fort offers a commanding view of Halifax Harbour. Step back to 1869 and immerse yourself in the social and military history of Halifax with the 78th Highlanders and the 3rd Brigade Royal Artillery. Learn about the changing roles of the fort and visit the Army Museum. [Halifax Citadel National Historic Site \(click here\)](#).



PIER 21 MUSEUM OF IMMIGRATION

The Canadian Museum of Immigration at Pier 21 is Canada's sixth national museum. Our mission is to share the ongoing story of immigration to Canada—past to present and coast to coast to coast. The Museum is located in the Pier 21 national historic site at the Halifax seaport where nearly one million immigrants landed in Canada from 1928 to 1971. [Canadian Museum of Immigration at Pier 21 \(click here\)](#).



HALIFAX WATERFRONT

There's a magnetic pull that draws both visitors and locals to the heart of the city, where the waterfront buzzes with energy. Surrounded by sparkling ocean, a working port, local artisans, seasonal vendors, and year-round businesses, a walk along the Halifax waterfront is an iconic Nova Scotian experience. [Halifax Waterfront - Discover Halifax \(click here\)](#).



PEGGY'S COVE

Most prominently, this region is known for its namesake, the famous Peggy's Point Lighthouse, one of the most photographed lighthouses in the world. Peggy's Cove is an iconic Canadian landmark and an attraction well worth the short drive from downtown Halifax. [Peggy's Cove Coastal Region - Discover Halifax \(click here\)](#).



POINTS OF INTEREST

WHAT TO SEE AND DO IN CHARLOTTETOWN

Heritage Players Historic Walking Tours

Explore historic Charlottetown and learn about Prince Edward Island's role in shaping Canadian history. Their enthusiastic and knowledgeable guides, the Heritage Players, dress in period costumes to make history come alive in an entertaining, informative, and memorable way. [Heritage Players Historic Walking Tours - Confederation Centre of the Arts \(click here\)](#).



BEACONSFIELD HISTORIC HOUSE

Designed and built by W.C. Harris in 1877 for James and Edith Peake, Beaconsfield was one of Charlottetown's most elegant homes. Featuring the finest in materials and craftsmanship, it was also equipped with all the latest conveniences of the day. The Peakes, unfortunately, were destined to enjoy Beaconsfield for a very short time - a time filled with triumphs and tragedies. [Beaconsfield Historic House | PEI Museum and Heritage Foundation \(click here\)](#).



EXPLORE AND DINE IN DOWNTOWN CHARLOTTETOWN

Explore the shopping and dining that awaits in Downtown Charlottetown. Enjoy Atlantic Canadian seafood and a cold drink on the many sidewalk patios that await you. Streets you may wish to visit include Queen Street and the pedestrian only street Victoria Row. [Home - Discover Charlottetown \(click here\)](#).





A NOTE TO OUR GUESTS:

We are excited to have you as part of our tour! I trust this tour package answers many questions and provides insights about your upcoming trip. It's our role to provide you with a great cycling adventure. Please ask our guides for anything you may need.

Have a great trip and have lots of fun!

My best,

Michael

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