



PEDAL & SEA
adventures

ITALY'S TUSCANY GUEST TOUR PACKAGE

As you prepare for your cycling tour in Tuscany,
here is some important information to help you plan your vacation with
Pedal & Sea Adventures





TUSCANY PRE & POST TOUR IMPORTANT INFORMATION



AIRPORT & TRANSPORTATION

FLORENCE AIRPORT, PERETOLA (FLR)

Florence Airport is the closest airport to the start of the tour. Chiusi is approximately 2 – 2 ½ hours away from Florence's airport by train.

ROME FIUMICINO AIRPORT (FCO)

If arriving in Rome, trains are available. Route:

- Rome Fiumicino Airport – Roma Termini
- Roma Termini – Chiusi



PRE-TOUR ACCOMMODATIONS

- [La Piccola Locanda Bed and Breakfast \(click here\)](#)
- [Hotel Centrale Chiusi \(click here\)](#)
- [La Dimora Di Anna \(click here\)](#)
- [Albergo La Rosetta Chiusi - Siena \(click here\)](#)

Recommended
by Pedal & Sea
and our guests!



TOUR START LOCATION

● Pick up:

The tour begins at 1:30 pm with pick up at the Chiusi-Chianciano Terme train station and local area hotels.

Please contact our office at least 7-days before your tour to inform us of your accommodations.

Chiusi-Chianciano Terme

53043 Chiusi Scalo, Province of Siena, Italy ([click here for directions](#)).

Toll-free [1-877-777-5699](tel:1-877-777-5699),

email: info@pedalandseaadventures.com

Suggested Apps To Install:



We use WhatsApp —
Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)



We use Ride With GPS —
Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)





TOUR END

Departure

On our final morning together, breakfast ends at 9:30 AM. We will then transfer you to the Poggibonsi train station where you can take a train to Florence, Siena or Rome.

Guests requiring early departure

Guests who needs alternate transportation, can make arrangement directly with their guides.

MEDICAL & ALLERGIES

Guests with any medical issues, medications or allergies that we ought to be aware of, must inform our guides when they check-in. **GUESTS WHO CARRY AN EPIPEN:** Please tell the guides at check-in where you keep it so they can assist if necessary.

- If you have any cardiac, pulmonary, breathing issues or recent surgeries, we urge you to inform our guides at check-in so we can assist in the best manner possible.
- In the event of an incident, Guides will make the best decisions in consultation with each guest and their respective partners/designates. Guests agree to understand this to be the case.
- **ALLERGIES:** We must be informed of any allergies you have, whether food or substance so we can make every effort to provide a safe environment.
- **DIETARY:** Please confirm any dietary restrictions at registration.



ADDITIONAL INFORMATION

Inclusions

- 7 nights' accommodation
- Pick-up/drop-off
- 7 breakfasts, 1 lunch, 6 dinners
- Support vehicle
- Bilingual guides
- Wine, oil and cheese tastings
- Detailed itinerary & route maps
- Water bottle
- Trip support



Weather

In the beginning of September, Tuscany weather is mild and pleasant. Average daytime and nighttime temperatures range from 15°C to 27 °C (59°F to 81°F)

Occasional showers or short thunderstorms can occur.



Roads & Traffic

In Italy, roads are measured in kilometers (km) for distance and speed limits. Cyclists and vehicles travel in the right hand lane, similar to North America.



Banking and shopping

Banks in Italy have limited opening hours. They are generally open on weekdays between 8:00 A.M. and 1:30 P.M.

Morning shopping hours are generally from 9:00 A.M. until 1:00 P.M. Shops may close for a lunch break and re-open from 3:00 P.M. until 7:30 P.M. In heavy tourist traffic areas, these hours may be longer.



Tipping Your Guides

While tipping is always at the discretion of the guest, we are often asked for guidance. We suggest, 25-30 Euros per day, per guest, per guide as a general amount. Should you believe more or less is warranted, please adjust accordingly.

Additional Information *continued...*



Luggage

While we hope for no more than 2-carry on size bags, we understand this might not be possible. There is room to accommodate your suitcases whether carry-on or larger.



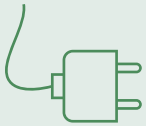
Dress

Cycling gear is widely used. We recommend you have two to three sets; one to wear and others to clean, then hang to dry. Bring rain jackets.



Dietary

Any guest with dietary or allergy issues must make this known to our guides when checking in. We pass the details you provided when booking onto our guides, but we need you to re-engage the issue. This helps us pay attention to your important needs.



Power Adapter

You will require a European 2 prong adapter.



Meals

We will provide you with 7 breakfasts, 1 lunch and 6 dinners.



CHECKLIST

Items We Suggest You Bring

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| ☐ Airline tickets | ☐ Bring a few lightweight clothing items for city wear (dinner and sightseeing) |
| ☐ Valid Passport / government ID / Any required travel documents | ☐ Fleece / Lycra sweater / long sleeves |
| ☐ Phone and charger | ☐ Sun hat or visor |
| ☐ Luggage: 2 carry-on sized suitcases, if possible, but not necessary. | ☐ Sandals |
| ☐ One personal bag (if your tour has a hiking portion, a knapsack to carry items) | ☐ Swimsuit |
| ☐ Cycling jerseys (2 or 3 - short sleeve and long sleeve) | ☐ Sunglasses |
| ☐ Cycling shorts (1-3 pairs) | ☐ Sunscreen/bug spray |
| ☐ Arm warmers if desired | ☐ Any medical or nutritional items you deem necessary |
| ☐ Cycling rain gear (jacket, pants waterproof and breathable) | ☐ Gel seat cover, or your own saddle, do not bring the post (if cycling) |
| ☐ Cycling shoes | ☐ Universal power outlet adapter, or European power outlet adapter |
| ☐ Cycling gloves | ☐ Rear view mirror, if desired. Helmet version preferred. |
| ☐ Helmet: if you wish to bring your own, otherwise one will be provided at no additional cost | ☐ Pedals: If you want to clip in, bring your own pedals. Our guides will put them on your bike. This does not apply to e-bikes. |
| ☐ Comfortable walking shoes, sweater, light jacket or windbreaker for after dinner | ☐ Extra water bottle, if desired. |

☐ **ETIAS (New European Union travel visa.)**

ETIAS PROJECTED TO BEGIN IN THE 4th QUARTER OF 2026.

- As with all travel authorization and visa documents, it is your responsibility to apply for and submit an application. Please be aware of, and have received, everything you require to travel. [Monitor the European Union's OFFICIAL Website for the latest status on ETIAS \(click here\).](#)



A NOTE TO OUR GUESTS:

We are excited to have you as part of our tour! I trust this tour package answers many questions and provides insights about your upcoming trip. It's our role to provide you with a great cycling adventure. Please ask our guides for anything you may need.

Have a great trip and have lots of fun!

My best,

Michael

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