



PEDAL & SEA  
**adventures**

# ITALY'S SICILY GUEST TOUR PACKAGE

As you prepare for your cycling tour in Sicily, here is some important information to help you plan your vacation with Pedal & Sea Adventures





# SICILY PRE & POST TOUR IMPORTANT INFORMATION



## AIRPORT & TRANSPORTATION

### ● CATANIA INTERNATIONAL AIRPORT (CTA).

Most guests fly in and out of Catania International Airport (CTA).

We will be picking guests up at Catania International Airport (CTA) ([click here](#)) and local hotels area.

### ● TAXIS

If you arrive earlier, you can use taxi and meet our guides at the hotel Coralli del plemmirio ([click here](#)).



# TOUR START LOCATION

## Pick up:

The tour begins at 11:30 A.M. with pick up at Catania International Airport and local area hotels. Please contact our office at least 7-days before your tour to inform us where you are staying.

Toll-free [1-877-777-5699](tel:1-877-777-5699),

email: [info@pedalandseaadventures.com](mailto:info@pedalandseaadventures.com)

## Suggested Apps To Install:



We use WhatsApp –  
Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)



We use Ride With GPS –  
Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)



# ACCOMMODATIONS

*Recommended  
by P&S and  
our guests!*

- [Romano Palace Luxury Hotel](#)  
([click here](#))
- [Catania Parco Degli Aragonesi](#)  
([click here](#))
- [Le Dune Sicily Hotel](#) ([click here](#))
- [Miramare Hotel](#) ([click here](#))
- [Catania International Airport Hotel](#)  
([click here](#))





## TOUR END

### ● **Departure**

The tour ends with your TRANSFER to Catania International Airport. We will leave after breakfast and have you to the Airport by 11:30 A.M.

### ● **Guests requiring early departure**

Guests who needs alternate transportation, can make arrangement directly with their guides.

# MEDICAL & ALLERGIES

Guests with any medical issues, medications or allergies that we ought to be aware of, must inform our guides when they check-in. **GUESTS WHO CARRY AN EPIPEN:** Please tell the guides at check-in where you keep it so they can assist if necessary.

- If you have any cardiac, pulmonary, breathing issues or recent surgeries, we urge you to inform our guides at check-in so we can assist in the best manner possible.
- In the event of an incident, Guides will make the best decisions in consultation with each guest and their respective partners/designates. Guests agree to understand this to be the case.
- **ALLERGIES:** We must be informed of any allergies you have, whether food or substance so we can make every effort to provide a safe environment.
- **DIETARY:** Please confirm any dietary restrictions at registration.



# ADDITIONAL INFORMATION

## Inclusions

- 7 Nights' Accommodation
- Pick-up/Drop-off
- 7 breakfasts, 1 lunch, 6 dinners
- Support vehicle
- Bilingual guides
- Any Entrance Fees to Park and Museums
- Detailed itinerary & route maps
- New water bottle
- Trip support



## Weather

In late May, Sicily weather is mild and pleasant. Average daytime temperatures range from 18°C to 24°C (64°F to 75°F). Average night time temperatures range from 13°C to 15°C (55°F to 59°F).

At the end of September through October, Sicily weather transitions to early fall. Average daytime temperatures range from low 20's°C (68°F) in October to 28°C (82°F) in September. Average nighttime temperatures in this time range from 15°C to 18°C (59°F to 64°F).

Occasional showers or short thunderstorms can occur.



## Roads & Traffic

In Italy, roads are measured in kilometers (km) for distance and speed limits. Cyclists and vehicles travel in the right hand lane, similar to North America.



## Banking and shopping

- Banks in Italy have limited opening hours. They are generally open on weekdays between 8:00 A.M. and 1:30 P.M.
- Morning shopping hours are generally from 9:00 A.M. until 1:00 P.M. Shops may close for a lunch break and re-open from 3:00 P.M. until 7:30 P.M. In heavy tourist traffic areas, these hours may be longer.



## Tipping Your Guides

While tipping is always at the discretion of our guests, we are often asked what guidance we can provide regarding tipping. Here is what we suggest: 15-20 Euros per day – per guest – per guide – as a general amount. Should you believe more or less is warranted, feel free to adjust accordingly.

# Additional Information:

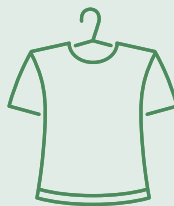
## Luggage

While we hope for no more than 2-carry on size bags, we understand this might not be possible. There is room to accommodate your suitcases whether carry-on or larger.



## Dress

Cycling gear is widely used and we commend you have 2 sets; one to wear and one to clean and hang to dry. Bring your rain jackets.



## Power Adapter

You will require a European 2 prong adapter



## Dietary

Any guest with dietary or allergy issues needs to make this known to the guides when checking in. We want/need you to re-engage the issue with guides so they are specifically paying attention to your needs.



## Meals

We will provide you with 7 breakfasts, 1 lunch and 6 dinners.



# CHECKLIST

## Items We Suggest You Bring

- Airline tickets
- Valid Passport / government ID / Any required travel documents
- Phone and charger
- Luggage: 2 carry-on sized suitcases, if possible, but not necessary.
- One personal bag (if your tour has a hiking portion, a knapsack to carry items)
- Cycling jerseys (2 or 3 - short sleeve and long sleeve)
- Cycling shorts (1-3 pairs)
- Arm warmers if desired
- Cycling rain (jacket, pants waterproof and breathable)
- Cycling shoes
- Cycling gloves
- Helmet: if you wish to bring your own, otherwise one will be provided at no additional cost
- Comfortable walking shoes, sweater, light jacket or windbreaker for after dinner
- Bring a few lightweight clothing items for city wear (dinner and sightseeing)
- Fleece / Lycra sweater / long sleeves
- Sun hat or visor
- Sandals
- Swimsuit
- Sunglasses
- Sunscreen/bug spray
- Any medical or nutritional items you deem necessary
- Gel seat cover, or your own saddle, do not bring the post (if cycling)
- Universal power outlet adapter, or European power outlet adapter
- Rear view mirror, if desired. Helmet version preferred.
- Pedals: If you want to clip in, bring your own pedals. Our guides will put them on your bike. This does not apply to e-bikes.
- Extra water bottle, if desired.

### **ETIAS (New European Union travel visa.)**

#### **ETIAS PROJECTED TO BEGIN IN THE 4<sup>th</sup> QUARTER OF 2026.**

- As with all travel authorization and visa documents, it is your responsibility to apply for and submit an application. Please be aware of, and have received, everything you require to travel. [Monitor the European Union's OFFICIAL Website for the latest status on ETIAS \(click here\).](#)



## A NOTE TO OUR GUESTS:

We are excited to have you as part of our tour! I trust this tour package answers many questions and provides insights about your upcoming trip. It's our role to provide you with a great cycling adventure. Please ask our guides for anything you may need.

Have a great trip and have lots of fun!

My best,

**Michael**

**Michael O'Leary**  
**President,**  
**Pedal and Sea Adventures Inc.**

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## EMERGENCY CONTACTS

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