



PEDAL & SEA
adventures

GREECE BIKE & BOAT TOUR PACKAGE

As you plan your Bike & Boat trip in Greece, here is
some important information about your vacation with
Pedal & Sea Adventures.



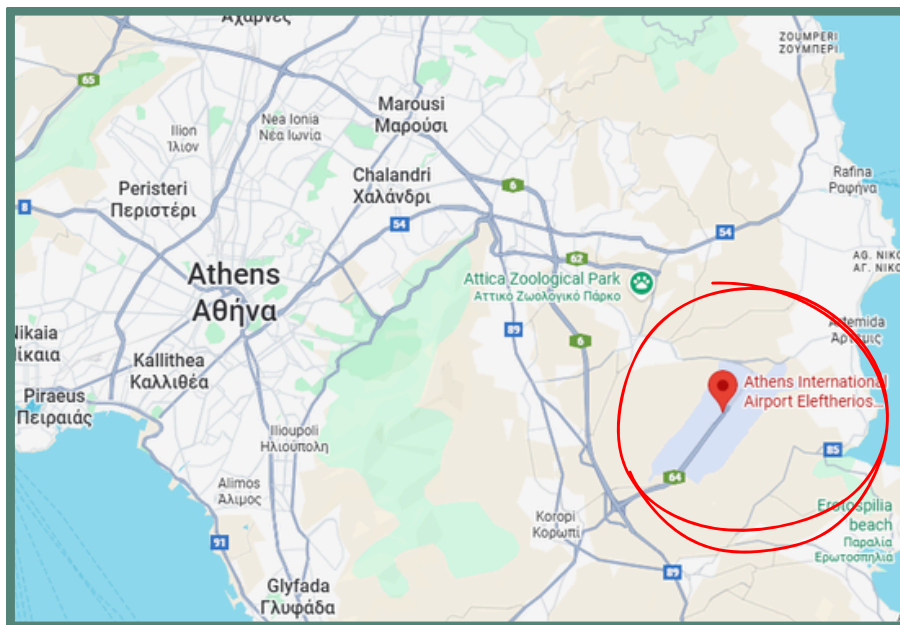
GREECE PRE & POST TOUR IMPORTANT INFORMATION

AIRPORTS

Departures / Arrivals

Guests fly in and out of Athens International Airport

- Athens (ATH)



TRANSPORTATION

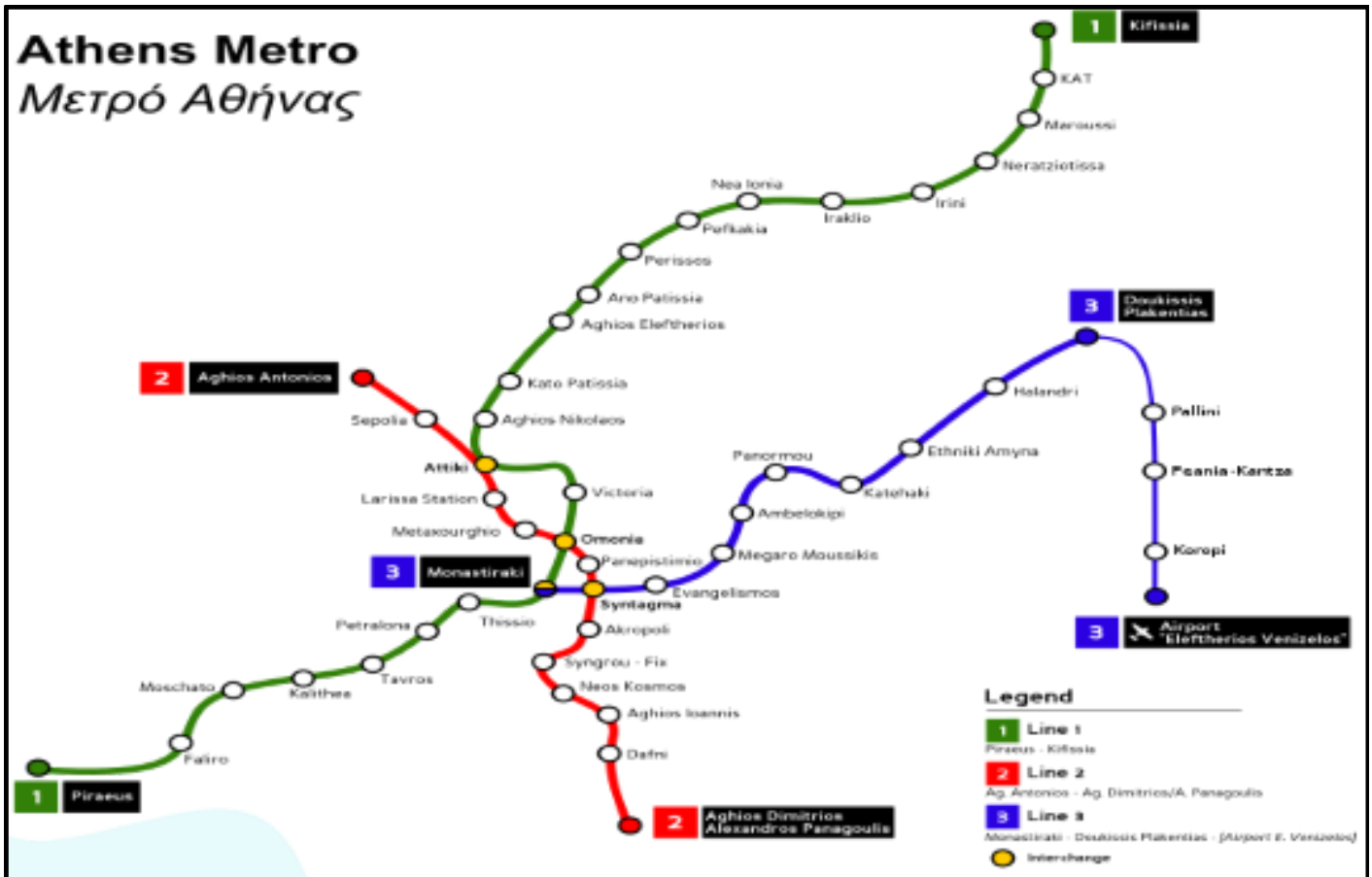
From the Airport

Athens International Airport (ATH) is approximately 50–60 minutes from central Athens, depending on traffic.

Taxis, Uber, and private transfers are readily available at the airport. Simply tell the driver the name of your hotel.

- **Taxi / Uber / private transfer:** Typically €50–€60, depending on traffic, time of day, and exact destination.
- **Train / Metro:** A direct metro (Line 3) runs from the airport to central Athens. The journey takes around 40 minutes, with tickets costing approximately €9–€10 per person. Trains run frequently throughout the day and offer a reliable, economical alternative.

[Athens Airport transport page \(click here\)](#)



ACCOMMODATIONS

Here are a few hotels located near the Acropolis, making them a great base if you'd like to explore central Athens before the tour. From this area, it's typically about a 20–30 minute trip to the marina where our bike & boat tour begins.

[Elia Ermou Athens Hotel \(click here\)](#)

[The Vault Athens \(click here\)](#)

[Athens Ivy Suites \(click here\)](#)

[Electra Metropolis Athens \(click here\)](#)

[Airtel Parthenon \(click here\)](#)

***Recommended
by P&S and
our guests!***



We have listed a small selection of hotels that offer a comfortable stay in Athens while remaining well located for easy access to our tour start at Marina Zeas.

[Phidisa Piraeus Hotel \(click here\)](#)

[Piraeus Theoxenia Hotel \(click here\)](#)

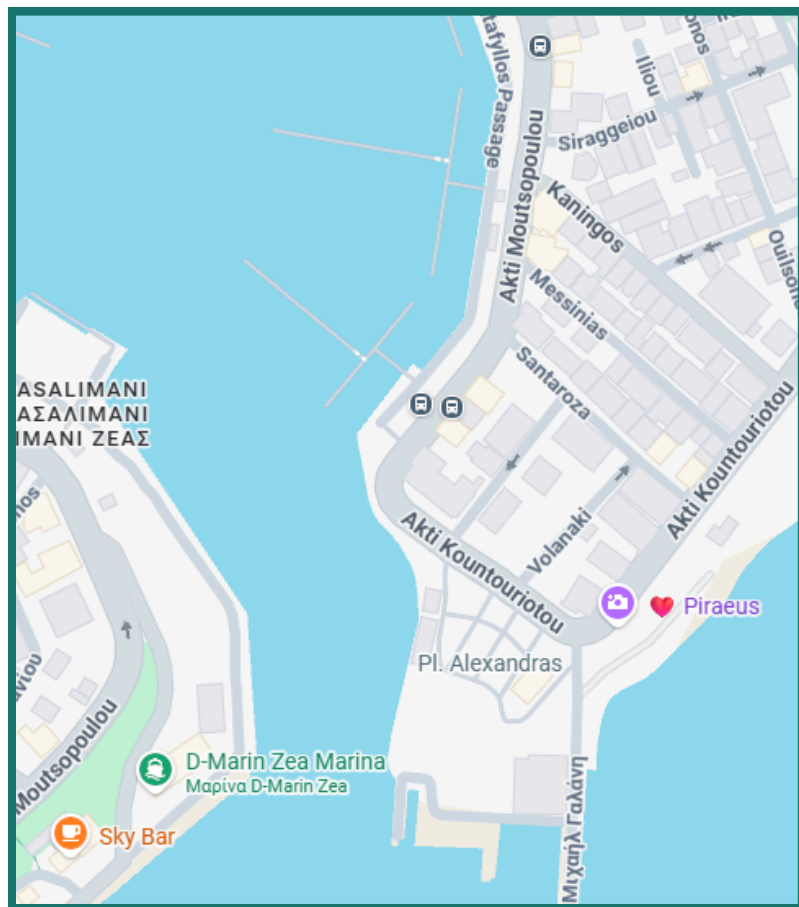
[Savoy Hotel Piraeus \(click here\)](#)

IMPORTANT INFORMATION

WHEN TO CHECK IN AND WHERE TO FIND OUR YACHT, HARMONY G:

Athens Departures

- Tell your taxi, Uber driver, or other transportation to take you to the Piraeus statue at Marina Zeas (pictured above).
- A Pedal & Sea Adventures representative/guide wearing a Pedal & Sea Adventures shirt will be standing in front of the Piraeus statue (pictured above) to welcome and direct guests towards the boat for check-in.
- Registration is between 12:00 - 1:00 PM
- The address the tour starts at is:
 - Marina Zeas - Pl. Alexandras Square, Pireas 185 34, Greece



[Open in Google Maps \(click here\)](#)



YOUR BOAT: HARMONY G



IMPORTANT INFORMATION

continued...

Registration

- Please be there to register at 12:00 PM on the Friday of your departure. Our staff will tag your luggage, put it in your cabins.
- Guides will confirm boat departure times. Usually **2:30 PM – 3:00 PM**
- Please do not be late. The boats leave on schedule – the Captains are given their times by the harbour master and cannot change these once assigned.

Communication and Contact Information

- ONLY In the event of an emergency, your Greek contact is Alex Zontos. His mobile/WhatsApp number is +30 6992252106. If he cannot be reached, please call Michael O’Leary. His mobile/WhatsApp number is 1-972-975-2266. For all other items, contact Pedal & Sea’s office: 1-902-858-3030.
- We use WhatsApp to communicate with guests on tour. We use Ride with GPS as our smartphone navigation app.

Suggested Apps To Install:



We use WhatsApp – Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)



We use Ride With GPS – Download the app for free:

- [Apple App Store](#)
- [Google Play Store](#)

End of Tour

The boat arrives in port on Friday morning. Anyone with early Friday morning travel plans can be accommodated. Guides can make transfer/taxi arrangements on Wednesday for any guests requiring an early Friday morning departure.

All tours end Friday morning with all guests having departed the boat by 9:00 AM.

MEDICAL ISSUES AND ALLERGIES

Guests with any medical conditions, allergies or important medications that we ought to be aware of, must inform our guides when they check-in. **GUESTS WHO CARRY AN EPIPEN:** Please tell the guides at check-in where you keep it so they can assist if necessary.

- If you have any cardiac, pulmonary, breathing issues or recent surgeries, we urge you to inform our guides at check-in so we can assist in the best manner possible.
- Guests agree to understand that In the event of an incident, Guides will make the best possible decisions in consultation with each guest and their respective partners/designates.
- **ALLERGIES:** We must be informed of any allergies you have, whether food or substance so we can make every effort to provide a safe environment.
- **DIETARY:** Please confirm any dietary needs or preferences at registration.

ADDITIONAL INFORMATION

Boat Information



Each cabin has its own ensuite bathroom and shower, towels, soap, shampoo, etc. All cabins have drawers and cabinets to store your luggage. Most cabins will have hair dryers - you need a European adapter (2 prong).

There are places to hang your wet/washed biking clothes to dry. There is also laundry facilities for a charge.

Luggage



There is room in your cabin to accommodate your suitcases whether carry-on or larger.

Power Adapter

You will require a 2-prong European adapter.



Alcohol



The Bar on the boat will run a tab for you which you are required to pay on the last night of the tour.

OUTSIDE ALCOHOL - Per Greek alcohol regulations, guests are not permitted to bring their own alcohol on board. Each boat has its own bar with plenty of spirit, beer and wine choices.

Dress



Your dress on the boat is very casual. Dress for meals is usually shorts and t-shirts. Please avoid high heels while on the boat. Cycling shoes with exposed cleats cannot be worn on the boat.

Cycling gear is widely used on tour and we recommend you have 2 sets; one to wear and one to clean and hang to dry. Pack rain gear. we are on coastal islands and could come into a wee bit of wet weather.



Meals

Included as part of your tour is breakfast each day, 6 lunches, and 3 dinners.

Ask your guides for extraordinary Greek dining recommendations while on shore.



Dietary

Any guest with dietary or allergy issues must make this known to Pedal & Sea Adventures' office before the tour and to the guides at check-in. We want/need you to re-engage the issue with your guides so they are specifically paying attention to your needs.

BIKES



Each of you may have rented a specific type of bicycle and every effort is made to provide that bike to you. That said, our bike mechanics prepare our bikes to be in good working order when you receive them. Our guides are phenomenal and capable of assisting with many bike things! They will make every effort to keep your bicycle working well. It is your responsibility to treat the bike with reasonable care; eg. Do not drop the bike, don't drop the battery, etc. Do not let them fall into the harbour - seriously!

Helmets are mandatory to participate in any Pedal & Sea Adventure cycling tour. We will provide helmets to those who requested when booking. All non-road bikes will have a pannier or trunk bag for your use.

Water Bottles – A new Pedal & Sea Adventures water bottle is issued to each guest. Unlimited bottled water is available to everyone.

Cycling Safety Decisions – Are squarely the responsibility of our Guides – they have the final say (after the Captain of the boat). Please respect their decision making. It keeps you and your fellow guests safe.



Cash

Greece's official currency is the EURO. You may need to have some cash Euros for certain items in Greece:

- Items purchased while ashore – some vendors may, or may not accept credit cards
- Taxis, transfers
- Cycling Guide tipping
- Boat Crew tipping
- City tour guides tipping
- Meals while on shore – some restaurants may, or may not accept credit cards



Tipping

We are often asked for guidance regarding tipping and we appreciate you asking. Tipping is ALWAYS at the guests' preference. Envelops will be provided.

There are two groups to consider tipping:

- Cycling guides
- The entire boat crew

Recommended amount PER GUEST:

- Cycling guides – 70 euros per guest per guide. For example: 2 guides x 70 euros = 140 euros per guest. Adjust accordingly as you see fit.
- Boat crew – We recommend a similar amount. \$140 euros per guest for the boat crew.

SIGHTSEEING IN ATHENS

Athens is a city where ancient history and modern life seamlessly blend. From iconic archaeological sites to vibrant neighbourhoods, seaside walks, and lively cafés, the city offers endless opportunities for sightseeing before and after your tour. Whether you're drawn to world-famous landmarks or simply exploring on foot, Athens is a rewarding and fascinating place to discover.

Must-Do's

- Acropolis & Parthenon (go early)
- Acropolis Museum
- Walk Plaka neighbourhood
- Explore Anafiotika (whitewashed houses)

History + Views

- Ancient Agora (Temple of Hephaestus)
- Roman Agora
- Hadrian's Library
- National Archaeological Museum
- Sunset at Lycabettus Hill (walk or funicular)
- Food + Neighbourhoods
- Monastiraki Square & Flea Market
- Central Market (Varvakios Agora)
- Psiri neighbourhood for dinner/drinks
- Optional: Athens Riviera



CHECKLIST

Items We Suggest You Bring

- Airline tickets
- Valid Passport or government ID
- Phone and charger
- Luggage: 2 carry-on sized suitcases, if possible, but not necessary.
- One personal bag: if your tour has a hiking portion, a knapsack to carry items
- Cycling jersey (short sleeve and long sleeve) (2-3)
- Cycling shorts: 1 - 3 pairs
- Arm sleeves for sun protection
- Cycling rain gear (jacket, pants waterproof and breathable)
- Cycling shoes, only if clipping in.
- Cycling gloves
- Helmet: if you wish to bring your own, otherwise one will be provided at no additional cost
- Comfortable walking shoes sweater, light jacket or windbreaker for after dinner
- Bring a few lightweight, easily washable items for city wear (dinner and sightseeing)
- Fleece / Lycra sweater / long sleeves
- Sun hat or visor
- Sandals for beach or kayak
- Swimsuit
- Sunglasses
- Sunscreen/bug spray
- Any medical or nutritional items you deem necessary
- Gel seat cover, or your own saddle (do not bring the post).
- Universal power outlet adapter, or European power outlet adapter
- Rear view mirror, if desired.
- Pedals: If you want to clip in, bring your own pedals. Our guides will put them on your bike. This does not apply to e-bikes.
- Extra water bottle, if needed.
- Chamois cream

ETIAS (New European Union travel visa.)

ETIAS PROJECTED TO BEGIN IN THE 4th QUARTER OF 2026.

- As with all travel authorization and visa documents, it is your responsibility to apply for and submit an application. Please be aware of, and have received, everything you require to travel. [Monitor the European Union's OFFICIAL Website for the latest status on ETIAS \(click here\).](#)



A NOTE TO OUR GUESTS:

I trust this tour package answers many questions and provides insights about your upcoming trip. We are excited to have you on tour and it is our role to provide you with a great cycling and Greek adventure! Please ask our guides for anything you may need.

In the event of an emergency, the contact information for Alex Zontos, our Greek Manager, is listed below. If you cannot reach Alex, please contact me.

Have a lot of fun and enjoy a great trip!

My best,

Michael

Michael O'Leary
President, Pedal and Sea Adventures Inc.

michael@pedalandseaadventures.com

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Toll-free North America: [1-877-777-5699](tel:1-877-777-5699)

WhatsApp/Mobile: [972-975-2266](tel:972-975-2266)

EMERGENCY CONTACT IN GREECE

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